

# IMPROVED PUBLIC HEALTH RESPONSE TO *C. TRACHOMATIS*:

Evidence from studies of the Baltimore, MD  
USA population, 1997 – 2009

SM Rogers, CF Turner for MSSP Research Team

# Research Support

- NIH grant R01-HD047163 from the National Institute of Child Health and Human Development

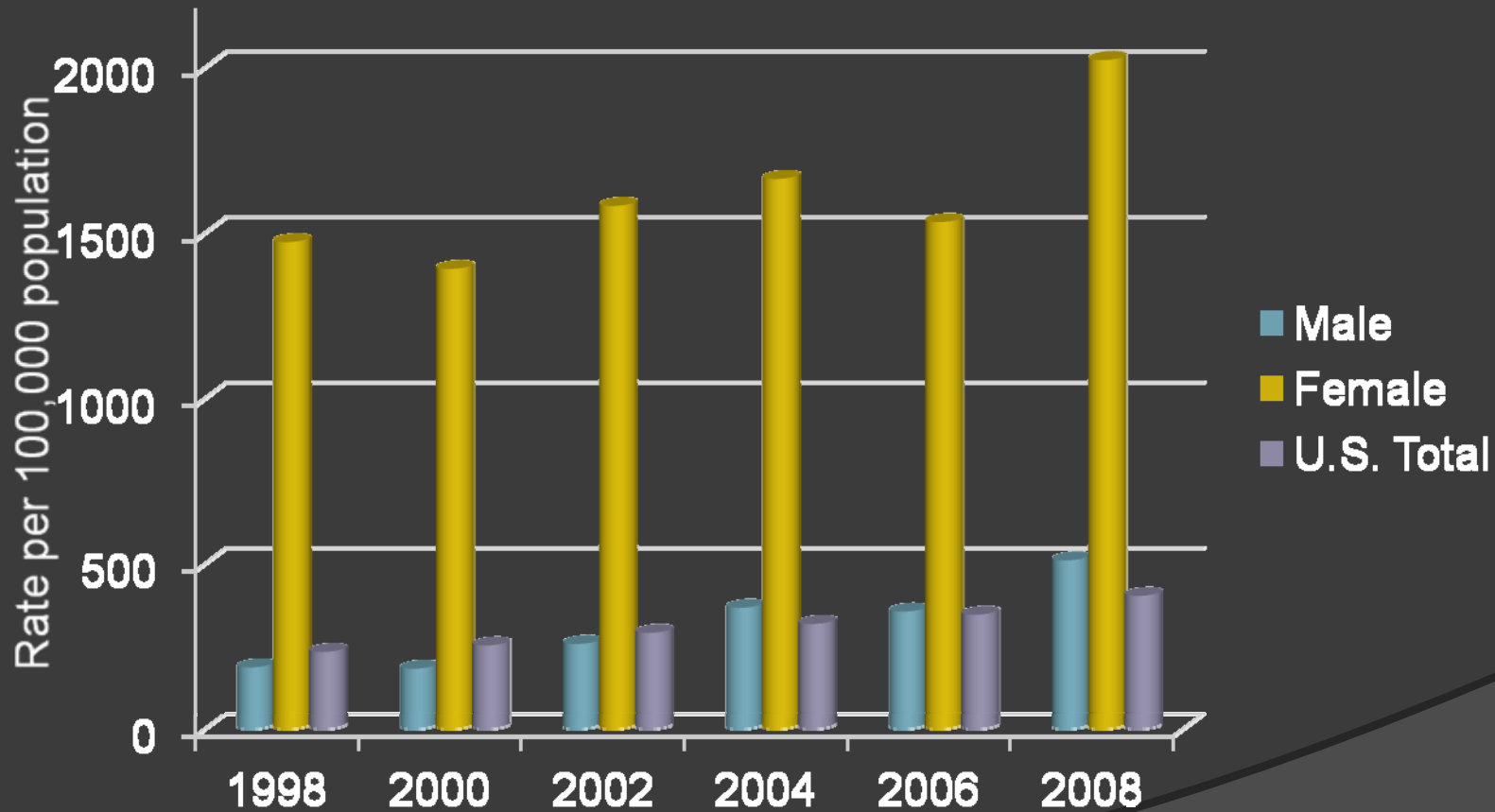
# Monitoring STIs in the Population Research Team

- Susan M Rogers, Research Triangle Institute
- Charles F Turner, City University of New York
- Bill Miller, University of North Carolina, Chapel Hill
- Emily Erbelding, Johns Hopkins Medical Institutions
- Marcia Hobbs, University of North Carolina, Chapel Hill
- Elizabeth Eggleston, Research Triangle Institute
- Anthony Roman, University of Massachusetts
- Sylvia Tan, Research Triangle Institute
- James Chromy, Research Triangle Institute
- Ravikiran Muvva, Baltimore City Health Department

# *C. trachomatis* most common reportable infectious disease in U.S.

- Over 1.2 million cases in 2008
- Routine screening recommended for all sexually active women <25 years of age (USPSTF, 2007)
- No current recommendations for screening men

# Reported CT rates by sex: Baltimore City, MD USA



Source: Baltimore City Health Department (2010)

# STI surveillance data are limited for inferring trends in the population burden of infection

- ⦿ Increased case rates may reflect:
  - Increased or expanded screening
  - Increased diagnoses due to enhanced test performance
  - Better reporting
  - Increased risk behaviors of screened population
  - Increase in disease

# Population based approaches to measuring STI prevalence

- Integrate population-based sampling methods with STI biomarkers
- Provide more accurate understanding of prevalence and patterns of undiagnosed infections
- Complement traditional surveillance data

# Monitoring STIs in the Population

- ⦿ A new paradigm for STI epidemiology, including *C. trachomatis*
- ⦿ Focus simultaneously on
  - *Diagnosed* CT infections reported to local health departments
  - *Undiagnosed* CT infections prevalent in the population



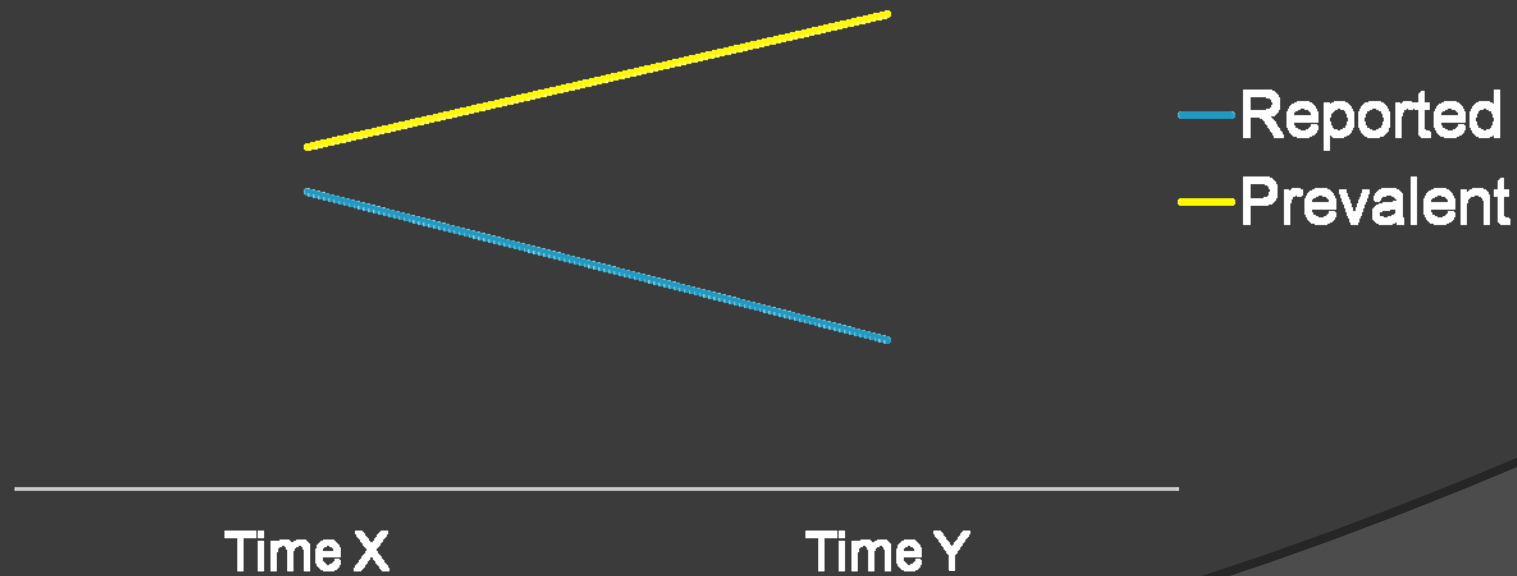
# Trends in STI epidemiology: scenario 1



Time X

Time Y

# Trends in STI epidemiology: scenario 2



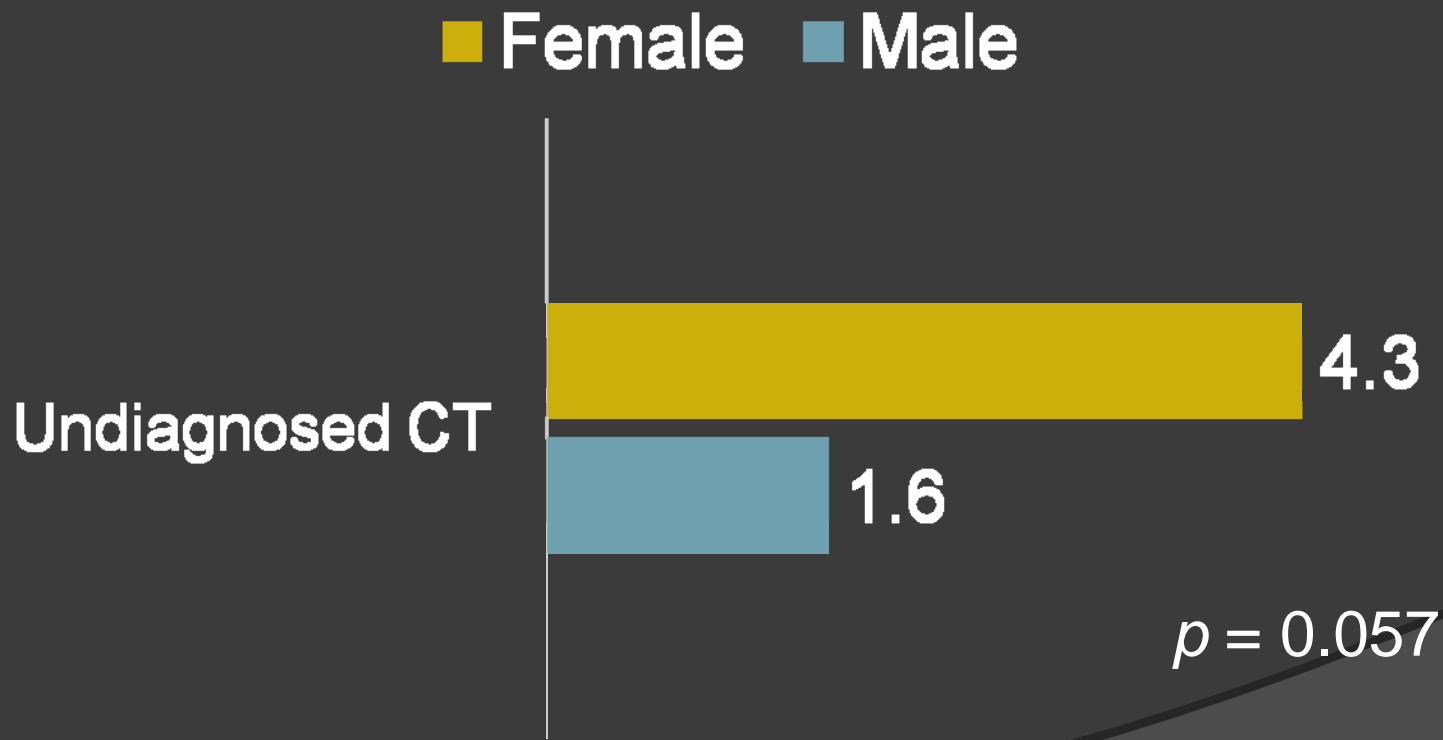
# Study Aims

- To examine trends, by sex, in diagnosed and prevalent *C trachomatis* infections among young adults in Baltimore, Maryland USA in 1997-98 and 2006-09.

# 1997-98 Baltimore STI and Behavior Survey (BSBS)

- In-person, probability survey
- 728 aged 18-35 completed ACASI on sexual behavior, STI history
- 579 (80%) respondents provided urine specimens, LCR testing

# 1997-98 BSBS: Estimated CT prevalence



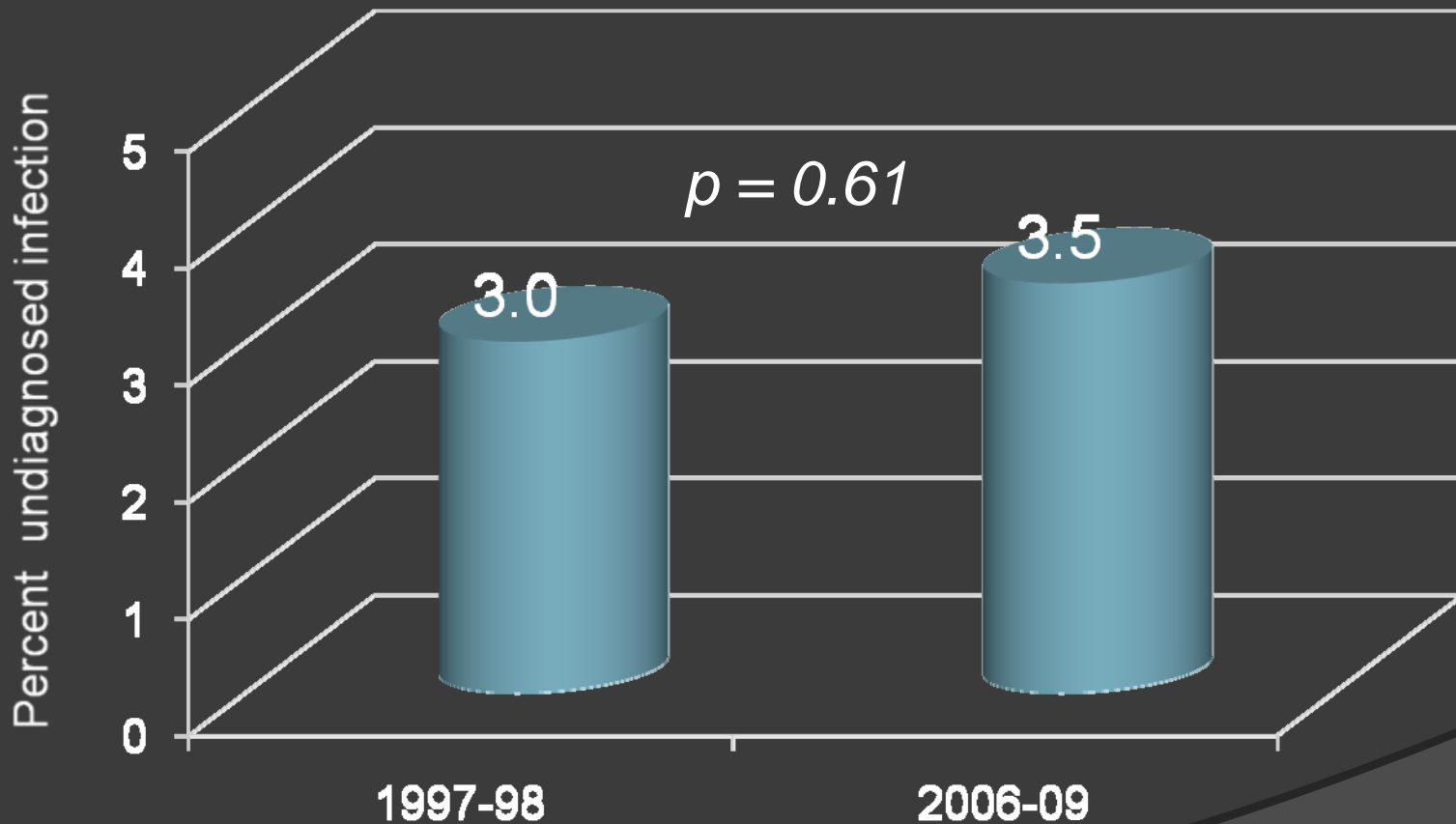
# 2006-09 MSSP Survey Program

- Baltimore adolescents and adults, ages 15 to 35 yrs
- T-ACASI on sexual behaviors and STI history
- Mail-out, mail-back specimen collection, Gen Probe testing

# 2006-09 MSSSP Survey Program

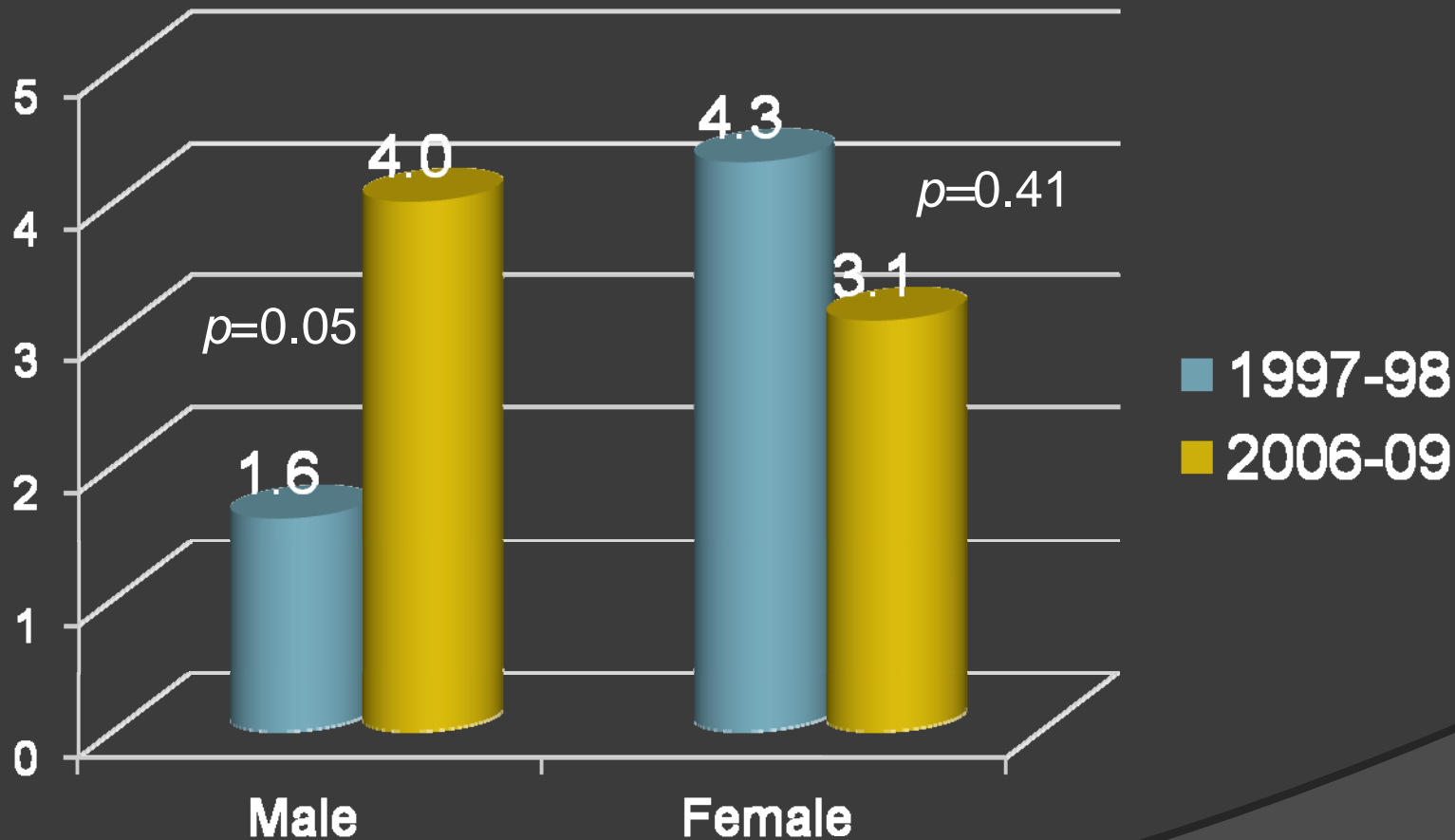
- Interviews completed with 2,936 (59%) eligible respondents
- 2,471 (73%) provided specimens for CT testing

# Overall CT prevalence stable across surveys





# Variation in CT survey prevalence by gender

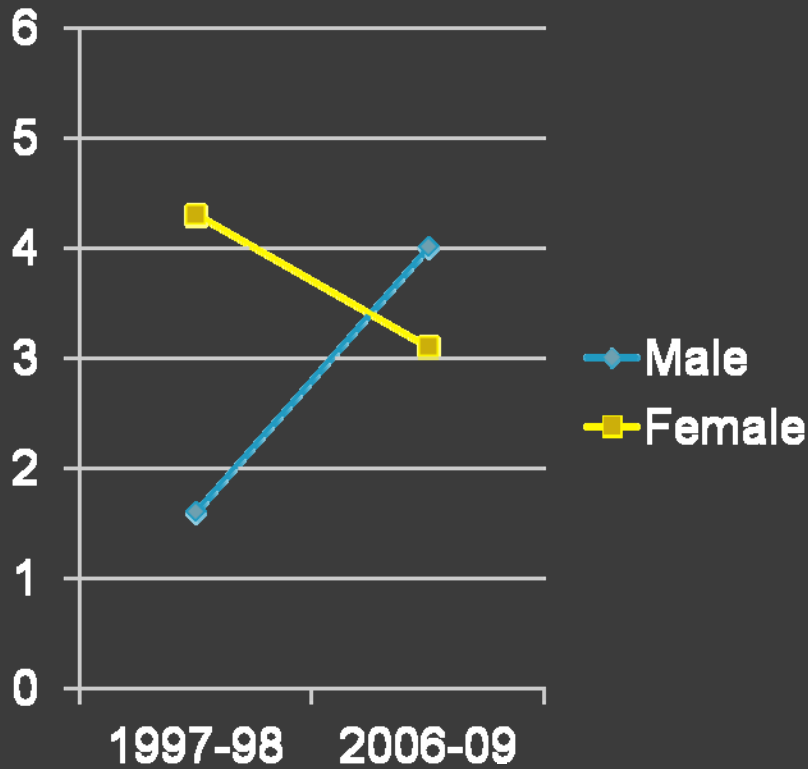


# CT diagnoses to Baltimore City Health Department

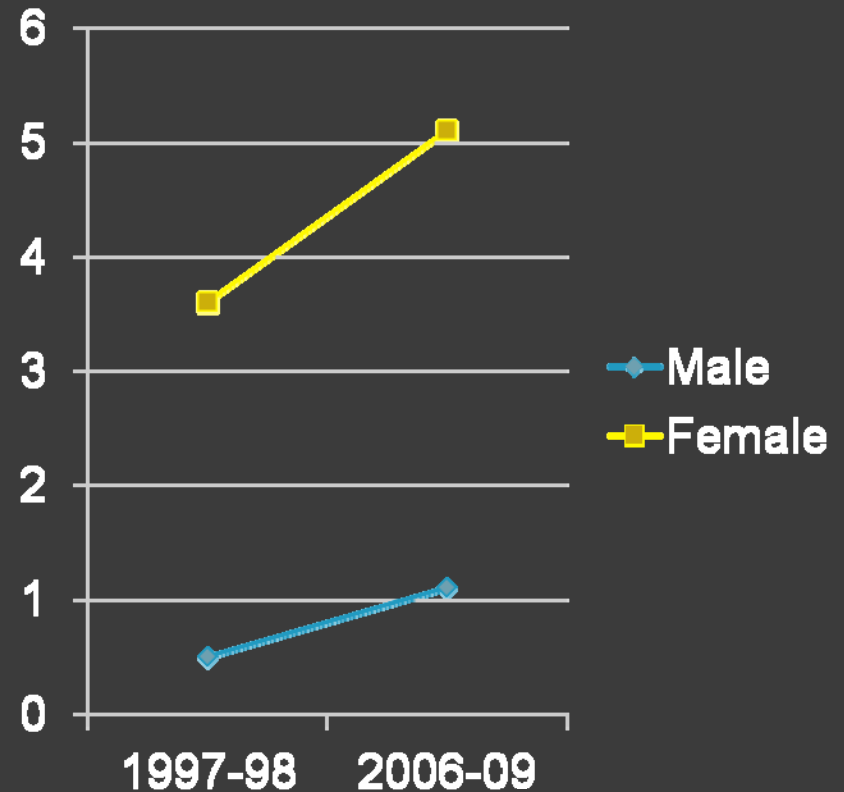
	1998		2006-09	
	No. cases	Pop %	No. cases	Pop %
<b>Males</b>				
	391	0.5	878	1.1
<b>Females</b>				
	3255	3.6	4475	5.0

Source: BCHD case counts of CT infection, 1998 and September 2006-June 2009 and US Census estimates of Baltimore population ages 18-35

# Variation in CT trends by sex



Pop. Prevalence, survey



Pop. %, BCHD reports

# Conclusions

- From 1997 to 2009, CT reported diagnoses increased, among both males and females.
- Overall population survey estimates stable, however insignificant decline in CT prevalence among females and increase among males.

# Conclusions

- Expanded screening results in more diagnosed and treated cases – a major public health benefit for women
- However, many infections among young men remain undiagnosed in Baltimore

# Conclusions

- In communities with high levels of infection, routine screening of men and women may be recommended

# Conclusions

- Given the limitations of chlamydia surveillance data, prevalence data from representative surveys can make important contributions to understanding the epidemiology of these STIs