

Children with autism spectrum disorder present social and communication impairments that affect their interactions with peers and siblings. Typically developing siblings often do not have skills to help increase positive interactions with their siblings who have autism. As a result, siblings may limit the amount of time they spend together, children with autism may miss opportunities with their siblings that could enhance generalization of skills and development of wider social networks, and the typically developing siblings may show poor adjustment.



At the end of the day, there are only gains to be found in a class program like SIBS Club, as it serves not one, but three groups of the community. Students learn a set of skills and receive real-life experience by utilizing them, professors participate in a program that is unique and relevant to their field of work, and, most of all, families in the Queens community receive the help and love they so need and deserve.

— *Knight News*, May 2014, student op-ed article



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## What Is SIBS Club?

**SIBS Club** is designed to enhance relationships and interactions between children with autism and their siblings. Through skills instruction for the children with autism, sibling group activities, and inclusive recreation activities, children learn critical skills to develop positive sibling relationships.

SIBS Club is about:

**Socializing with other children**

**Interactive activities for all children in a family**

**Building relationships between siblings**

**Sharing with other siblings of children with autism**

## Our Mission

Building a community of supports that last a lifetime.

At SIBS Club we strive to provide unique opportunities for:

- Children with autism to develop social, communication, and play/leisure skills.
- Typically developing siblings to meet other siblings of children with autism.
- Siblings to develop a relationship that will last a lifetime.

## How It Works

Children will attend 2-hour sessions (9–11 am or 10 am–12 noon) on Sunday mornings for 10 weeks on the Queens College campus.

During the first hour, children with autism participate in individually designed interventions that address:

- Social skills
- Communication skills
- Play/leisure skills
- Fundamental skills for successful interactions with teachers, peers, and siblings!

At the same time, typically developing siblings participate in their own group activities involving:

- Games
- Arts and crafts
- Stories

During the second hour, all of the children reconvene for a supervised recreation session together where they play:

- Relay races
- Bean bag tosses
- Obstacle courses
- And other games!

## Cost

**\$100.00 for all 10 sessions**

Register before January 15, 2015 and receive an early bird discount—all 10 sessions for only \$75!

## Spring 2015 Sessions

Sundays:

March 1, 8, 15, 22 & 29

April 12, 19 & 26

May 3 & 17



## Location

SIBS Club is a program of the Psychological Center at Queens College.  
Queens College, CUNY  
65-30 Kissena Boulevard  
Queens, NY 11367-1597

To apply or for more information, please contact:

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