

Trig Integrals and Substitutions

Integrals w/ an odd power of a trig function

Recall: $\sin^2\theta + \cos^2\theta = 1$ and $\tan^2\theta + 1 = \sec^2\theta$

$$\begin{aligned}\text{Ex. } \int \cos^3 x \, dx &= \int \cos^2 x \cdot \cos x \, dx \\ &= \int (1 - \sin^2 x) \cos x \, dx \\ &= \int (\cos x - \sin^2 x \cdot \cos x) \, dx \\ &= \int \cos x \, dx - \int \sin^2 x \cos x \, dx \\ &\quad u = \sin x \quad du = \cos x \, dx \\ &= \sin x - \int u^2 \, du = \sin x - \frac{u^3}{3} + C \\ &= \sin x - \frac{\sin^3 x}{3} + C\end{aligned}$$

$$\int \cos x = \sin x + C$$

$$\int \sin x = -\cos x + C$$

$$\begin{aligned}\int \sin^5 x \cos^2 x \, dx &= \int \sin^4 x \cdot \cos^2 x \cdot \sin x \, dx \\ &= \int (\sin^2 x)^2 \cdot \cos^2 x \cdot \sin x \, dx \\ &= \int (1 - \cos^2 x)^2 \cdot \cos^2 x \cdot \sin x \, dx \\ &\quad u = \cos x \quad du = -\sin x \, dx \\ &= \int (1 - u^2)^2 \cdot u^2 \cdot (-du) \\ &= -\int (1 - 2u^2 + u^4) \cdot u^2 \cdot du \\ &= -\int (u^2 - 2u^4 + u^6) \, du \\ &= -\frac{u^3}{3} + \frac{2}{5}u^5 - \frac{u^7}{7} + C \\ &= -\frac{\cos^3 x}{3} + \frac{2}{5}\cos^5 x - \frac{\cos^7 x}{7} + C\end{aligned}$$

$$\begin{aligned}
 \int \tan^3 x \, dx &= \int \tan^2 x \cdot \tan x \, dx \\
 &= \int (\sec^2 x - 1) \cdot \tan x \, dx \\
 &= \int \sec^2 x \cdot \tan x \, dx - \int \tan x \, dx \\
 &\quad u = \tan x \quad du = \sec^2 x \, dx \\
 &= \int u \, du - \ln |\sec x| + C \\
 &= \frac{u^2}{2} - \ln |\sec x| + C \\
 &= \frac{\tan^2 x}{2} - \ln |\sec x| + C
 \end{aligned}$$

$$\begin{aligned}
 \frac{d}{dx} \tan x &= \sec^2 x \\
 \int \tan x \, dx &= \\
 \ln |\sec x| + C
 \end{aligned}$$

Theorem $\int \sec x \, dx = \ln |\sec x + \tan x| + C$

proof $\int \sec x \cdot dx = \int \sec x \frac{\sec x + \tan x}{\sec x + \tan x} \, dx$

$$= \int \frac{\sec^2 x + \sec x \tan x}{\sec x + \tan x} \, dx$$

$$u = \sec x + \tan x \quad du = (\sec x \tan x + \sec^2 x) \, dx$$

$$= \int \frac{1}{u} \, du$$

$$= \ln |u| + C$$

$$= \ln |\sec x + \tan x| + C$$

$$\begin{aligned}
 \underline{\text{Ex}} \quad \int \sec^3 x \, dx &= \int \sec^2 x \sec x \, dx \\
 u &= \sec x \quad dv = \sec^2 x \\
 du &= \sec x \tan x \quad v = \tan x \\
 &= \sec x \tan x - \int \sec x \tan^2 x \, dx \\
 &= \sec x \tan x - \int \sec x (\sec^2 x - 1) \, dx \\
 &= \sec x \tan x - \int \sec^3 x \, dx + \int \sec x \, dx
 \end{aligned}$$

$$\Rightarrow 2 \int \sec^3 x \, dx = \sec x \tan x + \int \sec x \, dx$$

$$\Rightarrow \int \sec^3 x \, dx = \frac{1}{2} (\sec x \tan x + \ln |\sec x + \tan x|) + C$$

$$\begin{aligned}
 \underline{\text{Ex}} \quad \int \tan^3 x \sec^{10} x \, dx &= \int \tan^2 x \sec^9 x \cdot \sec x \tan x \, dx \\
 &= \int (\sec^2 x - 1) \sec^8 x \cdot \sec x \tan x \, dx \\
 u &= \sec x \quad du = \sec x \tan x \, dx \\
 &= \int (u^2 - 1) u^8 \, du \\
 &= \int (u^{10} - u^8) \, du \\
 &= \frac{u^{12}}{12} - \frac{u^{10}}{10} + C \\
 &= \frac{\sec^{12} x}{12} - \frac{\sec^{10} x}{10} + C
 \end{aligned}$$

Integrals w/ only even powers of trig functions

Half-angle identities:

$$\sin^2 x = \frac{1}{2} (1 - \cos(2x)) \quad \cos^2 x = \frac{1}{2} (1 + \cos(2x))$$

$$\begin{aligned} \underline{\text{Ex}} \int \sin^2 x \, dx &= \int \frac{1}{2} (1 - \cos(2x)) \, dx \\ &= \frac{1}{2} \int dx - \frac{1}{2} \int \cos(2x) \, dx \\ &= \frac{1}{2} x - \frac{1}{4} \sin(2x) + C \end{aligned}$$

$$\begin{aligned} \int \sin^4 x \, dx &= \int (\sin^2 x)^2 \, dx = \int \left(\frac{1 - \cos(2x)}{2} \right)^2 \, dx \\ &= \frac{1}{4} \int (1 - 2\cos(2x) + \cos^2(2x)) \, dx \\ &= \frac{1}{4} \int (1 - 2\cos(2x) + \frac{1}{2}(1 + \cos(4x))) \, dx \\ &= \frac{1}{4} \int \left(\frac{3}{2} - 2\cos(2x) + \frac{1}{2}\cos(4x) \right) \, dx \\ &= \frac{1}{4} \left[\frac{3}{2}x - \sin(2x) + \frac{1}{8}\sin(4x) \right] + C \end{aligned}$$

$$\begin{aligned} \int \tan^6 x \sec^4 x \, dx &= \int \tan^6 x \sec^2 x \sec^2 x \, dx \\ &= \int \tan^6 x (\tan^2 x + 1) \sec^2 x \, dx \\ &\quad u = \tan x \quad du = \sec^2 x \, dx \\ &= \int u^6 (u^2 + 1) \, du = \int (u^8 + u^6) \, du \\ &= \frac{u^9}{9} + \frac{u^7}{7} + C \\ &= \frac{\tan^9 x}{9} + \frac{\tan^7 x}{7} + C \end{aligned}$$